

ADDUCTOR / ABDUCTOR COMBO.

JXL - 506 - RBK - BL

The Adductor/Abductor combo machine can be used to isolate both your adductors and abductors depending on the exercise chosen. The machine features easy adjustment for range of motion.



FEATURES

- ◆ **Dual Functionality:** Combines abduction and adduction for versatile thigh training.
- ◆ **Adjustable Positions:** Customizable seat and leg pads target specific muscles.
- ◆ **Smooth Resistance:** Precision weight stack ensures fluid and consistent motion.
- ◆ **Ergonomic Design:** Maintains proper posture for maximum engagement and minimal strain.
- ◆ **High-Density Padding:** Comfortable seat and pads enhance support during workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 67 inches / 170 cms

Width: 36 inches / 91 cms

Height: 58 inches / 147 cms

Weight: 496.7 lbs / 225.3 kg

Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Glutes, Adductors / Abductors

COLOUR AVAILABLE: Dark Silver

